

# ARTREACH GALLERY & ARTS LIBRARY

at First Congregational UCC  
1126 SW Park Av. Portland, OR  
[www.ArtReachGallery.org](http://www.ArtReachGallery.org)

ArtReach Gallery Presents

## TRIAD

Pooja Ghosh   Falguni Rawat   Rupa Nath

### **#3 RUPA NATH**

Scroll through this booklet

Introduction #1 Pooja Ghosh #2 Falguni Rawat **#3 RUPA NATH**  
to see the TRIAD exhibition at

**ArtReach Gallery now to December 26.**

Checklist and Contacts are on final page.

# T R I A D

NOVEMBER 7 - DECEMBER 26, 2021



ARTREACH GALLERY  
& ARTS LIBRARY

RUPA NATH | POOJA GHOSH | FALGUNI RAWAT



Pooja Ghosh

Falguni Rawat

RUPA NATH

## **TRIAD: CREATIVE ADVENTURES FROM INDIA**

Almost two years ago I became aware of the work of Rupa Nath through a program #GoViralToStopTheVirus. Then I saw the work of Falguni Rawat in the same program. And finally I became acquainted with the work of Pooja Ghosh who also submitted art to Stop the Virus. We showed each of these artists' work in our Madison Street Windows during the early days of the COVID-19 that has wrecked havoc on our world. The #GoViral exhibition project was originated by Utaran Chaudhuri, who now lives in England.

As I got to know the three women I discovered that they were each graduating from the same Master of Fine Arts (M.F.A.) program in Kolkata, India. I asked them to show their work in a common exhibition in Portland, giving us the opportunity to meet these fine young women whose art is a reflection of the creative work being developed in the graduate program in Painting in Rabindra Bharati University.

Each artist has developed her own style — with her own complex use of materials — and her own careful respect for the influences she has experienced in study and for the artists in her field. So ArtReach Gallery offers recognition and encouragement to these young emerging artists whose work will be growing throughout the coming decades. I am so grateful to them for making this exhibition possible in Portland.

**PLEASE SCROLL DOWN TO SEE  
ART BY RUPA NATH.**

Sheldon Hurst, Curator

**THREE** by Falguni Rawat, Pooja Ghosh, RUPA NATH



TITLE : THREE  
SIZE : 30" \* 22"  
MEDIUM : MIXED MEDIA ON PAPER  
YEAR : 2021

## ***THREE* by Falguni Rawat, Pooja Ghosh, RUPA NATH**

This artwork demonstrates the concept of 'Triad' or 'three' showcasing the bonding of the three of us. We decided to work in a group, spontaneously drawing one after other, to form an entire independent composition.

### **FALGUNI RAWAT**

I started this work by putting a metaphysical fusion of garlic with human legs. Here, I made the standing position upside down i.e., the head is on the ground and the feet are on the sky which depicts a tree. The head of the figure (garlic) is being enjoyed by the maggots. So, I kept two perceptions for the viewers: if they look at the human figure which is upside down (in the form of tree), then the uneasiness will shift towards the maggots; meanwhile if the figure is seen as it is (human body), then the figure itself will be the center of uneasiness.

### **POOJA GHOSH**

I followed this flow of drawing created by Falguni, by using my concept of distorted reflection through lines and paper collage. The garlic-like metamorphic figure made by Falguni communicated to me a pure, organic feel, as a result of which I included forms similar to a tree and a divine figure. I drew a pair of feet to relate with the bunch of feet drawn by Falguni. I put pink blush on the feet and added a pedestal of a hybrid organic form to lend a look of divinity to the figure on the right. I also added flower bud-like forms to the bunch of feet made by Falguni. I created a black form on the upper right side with paper cuts, to form a tree-like structure to relate with the composition. This artwork establishes the understanding we share amongst us, that helped us to create a unique composition in spite of working in a spontaneous manner.

### **RUPA NATH**

Following this, I pasted my own hair-stitched paper because hair represents our beauty which we want to preserve, so my own hair usage reflects a metaphor to represent relationships. I put 3 floral structures as 'us' on garlic drawn by Falguni. And I also added a comfortable mattress (stitched paper) under the pair of feet done by Pooja, and on the top right, I covered some of the black portion with the off-white transparent cloth, which is stitched with white thread to relate with branches and lines of Pooja. I also pasted self-hair stitched paper on the body of garlic, and put some pinholes with the maggots to support uneasiness made by Falguni.

Finally, we added some elements to bring together the composition, so that it looked perfectly balanced.



## **RUPA NATH**

### **Artist's Statement**

In my Art works I usually use my own hair, Nepali Handmade Paper, our shop's stamp, cloth pieces etc. Hair is very precious body part because it represents our Beauty that we don't want to lose. I use my hair as a metaphor to represent fear of losing something precious, someone precious, precious moments in life.

Simple running stitch plays an integral role in my art works. The feminist in me gets rather excited looking at vintage traditional *kantha*. My process is inspired by old traditional folk art, *Kantha* Embroidery, that is dominated by women. In this way I've tried to create relationship between old and new.

I do simple running stitch on Nepali Handmade Paper because it has a cotton like texture. The process is very fragile, which needs extra care, attention, dedication, love, devotion just like Relationships. I also use different printed clothes from our shops. Every print displays different emotion, different meaning — I use accordingly.

I also use our garment shop's stamp (Tarulata), as our shop is attached with our house, so this shop's stamp is an very important symbol in my everyday life since my childhood, our source of income and at the same time the name Tarulata was my grandmother's name. I find that really interesting because this one name has two aspects, one is personal and other is professional. There is a popular idea — people always say that we should not connect our personal life with our professional life. So this stamp works as a rule breaker in my artwork.



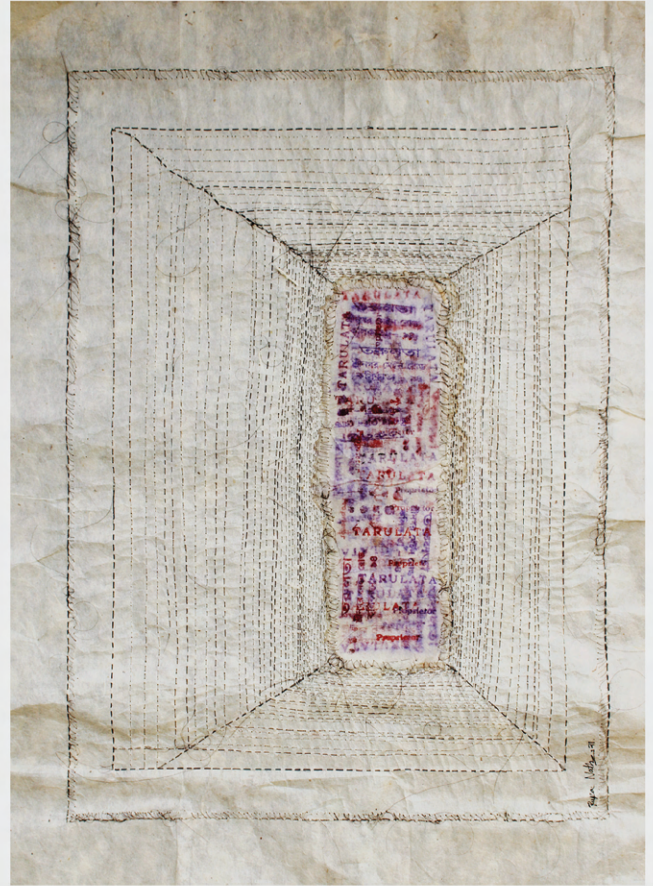
TITLE - DEVOTION  
SIZE - 6.1"\*4.12" EACH  
MEDIUM - STITCHING MY OWN HAIR ON NEPALI HANDMADE PAPER PASTED ON MOUNT BOARD  
YEAR - 2021

### RUPA NATH: *Bhakti* (Devotion)

“Bhakti” is a Sanskrit word, but we also use “Bhakti” in Bengali and Hindi as well. “Bhakti” means ‘Devotion’ which is defined as loyalty, dedication, care, love for someone or something or to a particular activity. True devotion is selfless.

Mother is a person, who has true and pure devotion to her children, family. Her everyday activities are for her family. Her activities show her pure selfless love, commitment and care. My repetition of stitch reveals mother’s everyday life, activity, unconditional love, care, enthusiasm from which she never gives up, so I want to dedicate that undoubtable true selfless Devotion of Every mother of the world through this art pieces. Mother’s devotion has Universal truth.

I also use flower motif cloth to show my respect, love, care, devotion to all mothers.



TITLE - REPUTATION 1, REPUTATION2  
 SIZE - 16.5" \* 11.9", 16.4" \* 11.9" RESPECTIVELY  
 MEDIUM - STITCHING WITH MY OWN HAIR ON NEPALI  
 HANDMADE PAPER AND OUR SHOP'S STAMP  
 YEAR - 2021

## RUPA NATH: *REPUTATION 1* and *REPUTATION 2*

The name of these two artworks include *reputation* which is precious to everyone. We earn reputation: it is difficult to build, to sustain, to protect and to enhance.

My parents have garment business named TARULATA. Our shop is attached to our house, so this shop's stamp has been a very important symbol of my everyday life since my childhood, our source of income. At the same time the name Tarulata, was my grandmother's name, so is both personal and professional. I have used our garment shop's stamp in repeated patterns: every print is different according to hand pressure, the amount of ink, type of surface, all of which represent ups and down of Reputation.

Here I use a simple running stitch with my own hair. The fragility of process suggests reputation is a fragile thing, needs extra care, determination, love, loyalty, hard work.

In *Reputation 1* A Lotus motif is in the centre around the prints. Basically a Lotus motif is used by old traditional *Kantha* artists because the Lotus is associated with purity and the Goddess Lakhshmi, the goddess of good fortune and abundance.

In *Reputation 2* I have made a square repeatedly to keep good fortune and abundance.



RUPA NATH: *Design 1*



TITLE - DESIGN 1  
SIZE - 11.3"\*11.3"  
MEDIUM - STITCHING MY OWN HAIR ON COTTON HANDKERCHIEF  
YEAR - 2020

RUPA NATH: *Design 2*



TITLE - DESIGN 2  
SIZE - 13.2"\*13"  
MEDIUM - STITCHING MY OWN HAIR ON COTTON HANDKERCHIEF  
YEAR - 2020

RUPA NATH: *Delicate Love III*



TITLE - DELICATE LOVE III  
SIZE - 15" \* 14"  
MEDIUM - STITCHING MY OWN HAIR ON NEPALI HANDMADE PAPER  
YEAR - 2020

# **RUPA NATH**

## **EDUCATION**

MFA in painting      Rabindra Bharati University, Pursuing  
BFA in Painting      Indira Kala Sangit Vishwavidyalaya, Khairagarh

## **EXHIBITIONS**

2021   Kochi Biennale Exhibition  
2021`   Birla Academy of Art & Culture - 54th Annual  
2020   #GoViralToStopTheVirus, ArtReach Gallery Portland, Oregon, USA  
2019-21 Birla Academy of Art & Culture- 53rd Annual Exhibition in Bengal Club  
2019   Abir Art Exhibition FirstTake, Ahmedabad, Gujarat

Rupa Nath                      Pooja Ghosh                      Falguni Rawat

2019   Birla Academy of Art & Culture -52nd Annual  
2019   Academy of Fine Arts, College Group Exhibition  
2019   West Bengal State Academy - Annual Art Exhibition, ICCR, Kolkata  
2019   West Bengal State Academy, Rabindra Bharati University Group Exhibition  
2019   Exhibition at S DAHUJA Museum  
2018   College of Visual Art Exhibition, Kolkata  
2017   Gallery Gold Kolkata  
2017   Academy of Fine Arts, Kolkata  
2016   Group Exhibition of Painting & Photographs  
2016   Academy of Fine Arts Kolkata, Exhibition

## **ACHIEVEMENTS**

2018   SD Ahuja Scholarship

## **WORKSHOPS**

2018   College of Visual Art Workshop  
2019   Emami Workshop  
2019   Rabindra Bharati University Workshop  
2020   Emami Workshop



RUPA NATH

Pooja Ghosh

Falguni Rawat

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## CHECKLIST FOR TRIAD

### FALGUNI RAWAT, POOJA GHOSH, RUPA NATH

*Three*, Group work  
Mixed media on paper  
29 1/2" x 21 1/2"

### FALGUNI RAWAT

*Utopia*, 2021  
Opaque watercolor, pencil on paper,  
25" x 40"

*In-Progress*, 2021  
Opaque watercolor, charcoal on paper  
21" x 28.5"

### POOJA GHOSH

*Interlude*, 2021  
Image transfer, digital print, stitch, old newspaper,  
pen, graphite, butter paper on paper  
8.5" x 11.7"

*Descend*, 2021  
Image transfer, digital print, paper cutouts, pen,  
graphite, dry letters, butter paper on paper  
30" x 22"

### RUPA NATH

*Reputation 1*  
**Hair, Nepali handmade paper Mixed media**

*Reputation 2*  
**Hair, Nepali handmade paper Mixed media**  
16" x 11 3/8" each

*Bhakti*  
**Mixed media stitching and printing**

### #GoViralToStopTheVirus

Each artist's poster was shown in our Main Street Windows during the early days of the Corona Virus Pandemic.

**THANK YOU for visiting the exhibition online.**

Please visit ArtReach Gallery and tell others about the exhibition.